



Medicare Telehealth Fact Sheet

Eligible patients in rural and remote locations with a Mental Health Treatment Plan (MHTP) can claim rebates for video consultations through the Medicare Benefits Schedule 'Better Access to Psychiatrists, Psychologists and General Practitioners' (Better Access) initiative.

Eligible locations

Telehealth mental health items will be available to people living in Monash Modified Model (MMM) **regions four to seven**. The MMM is a classification system that categorises metropolitan, regional, rural and remote areas according to both geographical remoteness and town size. More information about the Modified Monash Model is available at:

http://www.doctorconnect.gov.au/internet/otd/publishing.nsf/Content/MMM_locator

Eligibility for a MHTP

A GP can put together a Mental Health Treatment Plan. To be eligible you must have a diagnosed mental health condition. Discuss with your GP to see if you are eligible. Without a MHCP you can not claim a Medicare rebate.

Number of sessions

Medicare rebates are available for up to **ten** individual and ten group mental health therapy services per calendar year (1 January – 31 December) to patients with a Mental Health Treatment Plan who are referred for mental health therapy services.

From September 2018, under the Telehealth Medicare items, eligible allied mental health professionals will be able to deliver by videoconference **all ten mental health consultations** for eligible patients.

Medicare item codes and Rebates

Psychologists

Item number	Session length	Rebate
80101	20-50min	\$60.10
80111	50+ min	\$84.40

Clinical Psychologists

Item number	Session length	Rebate
80001	20-50min	\$84.80
80011	50+ min	\$124.50

NB: Out of pocket expenses are incurred.

